

1 **The eco-evolutionary landscape of power relationships between males and females**

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21 **Abstract.** In mammalian societies, control over resources and reproduction is often biased
22 towards one sex. Yet, the ecological and evolutionary underpinnings of male-female power
23 asymmetries remain poorly understood. We review historical hypotheses and recent
24 empirical data to show that male-female power relationships are more nuanced and flexible
25 than previously acknowledged. We then propose that enhanced reproductive control over
26 when and with whom to mate predicts social empowerment across ecological and
27 evolutionary contexts. We finally outline distinct pathways to sex-biased power: coercion
28 and male-biased dimorphism constitute a co-evolutionary highway to male power, whereas
29 female power emerges through multiple physiological, morphological, behavioural, and
30 socio-ecological pathways. Our framework generates testable predictions regarding the
31 emergence and dynamics of male-female power structures across mammalian social
32 systems.

33 **Keywords:** intersexual power inequality; sexual conflicts; social dominance; sexual size
34 dimorphism; reproductive control; social evolution

35

36 **Highlights**

- 37 • Inequality in the degree of control (or 'power') that members of one sex exert over
38 members of the other sex is a pervasive characteristic of mammalian societies,
39 including our own.
- 40 • The study of the drivers of male-female power relationships has been impeded by
41 methodological and conceptual limitations.
- 42 • We propose a comprehensive framework to describe, quantify and predict male-
43 female power relationships within and across species.

- 44 • The framework builds on two core principles: (i) power arises from conflicts over
45 reproductive control and social control and (ii) enhanced reproductive control by one
46 sex predicts its social empowerment.
- 47 • The framework explains the ecological and evolutionary dynamics of male-female
48 power and why it ranges from strict female to strict male power in mammalian
49 societies.

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51

52 1. What is power?

53 Power, defined as the ability to elicit particular behaviours in others [1,2], is a pervasive yet
54 elusive characteristic of social relationships. Identifying the ultimate and proximate
55 underpinnings of power can provide insights into the emergence, dynamics and
56 consequences of social and gender inequalities in human and animal societies; topics of
57 increasing societal significance [3–6]. Power can be divided into two broad domains:
58 ‘resource-holding’ and ‘decisional’ power [7]. Resource-holding power encapsulates the
59 degree of control that one individual can exert over another when competing over resources
60 and mating opportunities [1,2,8]. It emerges through three main non-mutually exclusive
61 mechanisms: (i) **coercion** (see Glossary), where asymmetries in coercive potential may for
62 example arise from differences in intrinsic and social **attributes**, experience, or **motivation**
63 [5], (ii) **deception**, whereby individuals manipulate the information available to others [9],
64 and (iii) **trade**, whereby some individuals may have a bargaining advantage or ‘**leverage**’
65 because they possess valuable resources and services that can be exchanged (‘commodities’)
66 but cannot be taken by force [1,8,10]. Decisional power, also termed ‘leadership’, commonly
67 refers to the ability of an individual to influence the behaviour of others in ways that

68 generate collective activities in various contexts, such as movement, foraging, hunting, and
69 intergroup conflict [3,4,7]. Asymmetries in resource-holding power between individuals are
70 prevalent in nonhuman mammalian societies and presumably have a deeper and more
71 direct impact on individual survival and reproduction than decisional power [6,11].
72 In this review, we focus on resource-holding power relationships between males and
73 females (hereafter, “**intersexual power**”) in social mammals. Intersexual power determines,
74 and can thus be measured by, whether and how access to resources and reproduction is
75 gained or retained by individuals of one sex [12–15]. Understanding the proximate and
76 ultimate drivers of intersexual power is therefore key for deciphering the eco-evolutionary
77 processes and feedbacks that shape the **social organisation** and **mating system** of
78 mammalian societies.

79

80 **2. Brief overview of traditional approaches to the study of intersexual power**

81 *2.1 The historical hypotheses*

82 Early empirical and theoretical studies of intersexual power have largely focused on the
83 evolutionary drivers of female-biased power [15]. In the centre of attention were a handful
84 of species where females were considered ‘masculinised’ because they possess behavioural,
85 physiological or morpho-anatomical traits that are more strongly expressed among males in
86 most mammals, such as relatively large body size, high aggressiveness, high levels of
87 androgens, or erectile external genitalia – as in many lemurs [16–18], spotted hyenas
88 (*Crocuta crocuta*) [19], rock hyraxes (*Procavia capensis*) [20], and meerkats (*Suricata*
89 *suricatta*) [21]. A predominant set of hypotheses has therefore emphasised the role of these
90 intrinsic attributes on female coercive potential [15,18,22]. They posited that females
91 outcompete males when they match or surpass males in size, weaponry or fighting ability.

92 Extensions of these hypotheses later integrated the role of behavioural and hormonal
93 masculinisation in female empowerment [16,17,19,23]. A second set of hypotheses
94 emphasised asymmetries in motivation that may arise from differences in life history
95 between males and females. They posited that females are more prone to engage in and to
96 win contests with males when they gain higher payoffs than males from accessing resource,
97 e.g., in species where females may incur particularly high reproductive costs [24,25]. A third
98 set of hypotheses highlighted asymmetries in trading ability between the sexes and the role
99 of female leverage through mate choice, whereby females preferentially mate with
100 submissive, deferent or non-coercive males [1,13,26].

101 *2.2. The main conceptual and methodological limitations*

102 These hypotheses and our current understanding of intersexual power have suffered from
103 long-standing stereotypical views of sex roles – as emphasized in pioneering work by women
104 primatologists and anthropologists [e.g., 27,28] – and several other methodological and
105 conceptual limitations [15]. First, previous studies often equated power with coercive social
106 control (also termed ‘social dominance’) [8,15] that is, control that is acquired and
107 maintained forcefully over resources that are primarily related to an individual’s self-
108 maintenance and survival, such as food, shelter, shade or territory; these approaches
109 thereby do not account for (i) alternative, non-coercive mechanisms [8,15] and (ii) the more
110 cryptic, yet key contribution of **reproductive control** [2], and may not fully capture the
111 subtlety and diversity of power relationships between males and females. Second,
112 asymmetries in intersexual power and their causes have rarely been formally tested or
113 quantified by systematically measuring the outcomes of intersexual conflicts. Instead,
114 dominance relationships were, and still are, often studied separately for males and females
115 or only for members of one sex. Species were often categorised as male- or female-

116 dominated based on which sex the sexual dimorphism in size and weaponry was biased
117 towards, or on which sex occupied the top positions in a group's **social hierarchy** [12,14].
118 Third, male-biased power has often been implicitly considered as the default state, whereas
119 female-biased power has traditionally been viewed as anecdotal and emerging from lineage-
120 specific oddities [19,23], such as the 'lemur syndrome' or the peculiar anatomy of female
121 genitalia in spotted hyenas, moving the topic outside mainstream socio-ecology. These
122 oversimplifications, and the lack of a standardised methodology to quantify intersexual
123 power, have prevented the conceptual integration of intersexual power into the broader
124 evolutionary theories of sexual conflicts and mating systems as well as comparative analyses
125 that could reveal general mechanisms driving biases in intersexual power.

126

127 **3. Revisiting the landscape of intersexual power**

128 *3.1. The fifty shades of intersexual power within and across species*

129 Recent empirical studies that quantified intersexual power in different socio-ecological
130 contexts and in diverse mammalian taxa revealed that intersexual power relationships are
131 much more nuanced and dynamic than previously thought, questioning the long-standing
132 dichotomist views. First, intersexual power is not limited to strict male social dominance (as
133 in Hamadryas baboons *Papio hamadryas* [29]) or strict female social dominance (as in
134 ringed-tailed lemurs, *Lemur catta* [18]) but varies across species along a continuum,
135 including more balanced male-female power – also termed 'co-dominance' or
136 'egalitarianism' – as in meerkats (*Suricata suricatta*) and vervet monkeys (*Chlorocebus*
137 *pygerythrus*) [30,31]. Second, intersexual asymmetries in social dominance can exhibit
138 flexibility within a species, as in rock hyraxes [20], European badgers (*Meles meles*) [32], and
139 spotted hyenas [14]. These findings indicate that intersexual power relationships are not

140 necessarily a fixed attribute of a species and are not invariably driven by any particular sex-
141 specific trait. They also call for the broadening of the traditional framework and the study of
142 intersexual power as a dynamic, emergent property of the socio-ecological environment
143 experienced by individuals, groups, populations and species.

144 *3.2. The duality of intersexual power: Reproductive and social control*

145 Here, we outline a unified and comprehensive framework for the study of intersexual power
146 that integrates historical hypotheses and recent empirical and conceptual insights into the
147 broader theories of sexual conflicts and mating system evolution. We synthesise and
148 combine general principles of power with peculiarities of social and mating systems to
149 describe, quantify and predict variations in intersexual power within and across mammalian
150 societies. First, we contend that intersexual power arises from the combined effect of
151 intersexual asymmetries in the degree of (i) control over reproduction and (ii) social control
152 over non-reproductive resources, focusing on five dimensions of power: emergence,
153 generality, durability, payoffs and distribution (Box 1). Second, we propose that the extent of
154 asymmetries in reproductive control between the sexes can be predicted by key features of
155 a species' mating system (Box 2). Third, we argue that intersexual biases in reproductive
156 control play a pivotal role in (i) predicting the empowerment of each sex in the social context
157 and (ii) causing ecological fluctuations and evolutionary shifts in intersexual power.

158

159 **4. The pathways to male and female reproductive control**

160 Reproductive control has been described as the ability to act in a situation in which conflict
161 over reproduction exists [2,8]. In contexts of sexual conflict, fertilisable eggs can be viewed
162 as a high-value commodity that is owned by females and desired by males [1,8,10]. To
163 acquire this commodity, males try to strategically manipulate the reproductive opportunities

164 and decisions of females, which, in turn, use strategies to resist, evade or discourage male
165 manipulative attempts. This 'male control-female resistance' paradigm is at the heart of
166 sexual conflicts over copulation and fertilisation [33,34], which formalises the dynamic
167 power struggles between the sexes over reproductive control.

168 *4.1. Male control pathway*

169 In many mammalian species, sexual dimorphism in size and weaponry is biased towards
170 males, as a result of feedback loops between male-male competition and the mating system
171 (see section 5.1). Striking examples include Hamadryas baboons and elephant seals
172 (*Mirounga angustirostris*) where males can be twice as large and weigh four times more
173 than females, respectively [35,36]. Males often exploit their physical superiority by adopting
174 coercive strategies such as forced copulation, sexual harassment, intimidation or infanticide,
175 which directly increase their mating probability [9,37,38] (Box 2 and Figure 1A). Males may
176 also form alliances, as in bottlenose dolphins (*Tursiops aduncus*), to overcome the difficulty
177 of monopolising females in three-dimensional aquatic environments [39]. Other coercive
178 strategies indirectly increase male mating probability and paternity certainty by preventing
179 females from mating with rivals. For example, pre-copulatory mate-guarding allows males to
180 monopolise access to a sexually receptive female by concurrently restraining female mate
181 choice and aggressively deterring competitors [40,41]. In species with relatively low sexual
182 dimorphism, such as in many rodents, males may deposit copulatory plugs in the
183 reproductive tract of their mating partners as a non-aggressive form of mate-guarding [42].
184 They may also apply deceptive tactics, as in territorial ungulates, where males may falsely
185 signal the presence of a predator to discourage females from leaving their territory [9].

186 *4.2. Female resistance pathways*

187 In contrast to males, pathways to female reproductive empowerment are manifold.
188 Females, too, may employ coercion to retaliate against coercive males, either alone or as
189 part of a coalition of females [37] but they may exhibit a wide variety of other behavioural,
190 physiological, morpho-anatomical and life-history traits to resist male sexual coercion (Figure
191 1A). For example, in some species, females promote male-male competition by advertising
192 their reproductive receptivity, which increases male costs of monopolisation [43]. They may
193 also synchronise sexually receptive periods, which will reduce male incentive to monopolise
194 a given fertile female, because many others are available [34]. Females may alternatively
195 deceive males by displaying unreliable genital swellings or mating outside oestrus [44–46];
196 such a strategy discourages male attempts to monopolise sexually receptive females and
197 probably played a pivotal role in the evolution of female-biased power in bonobos (*Pan*
198 *paniscus*) (Box 3). Females may conversely shorten their receptivity period to a few hours
199 per year, as in many lemurs [47,48], a strategy that makes more affordable the considerable
200 energetic costs of resisting male monopolisation attempts [49]. They may also mate sneakily
201 [50] or in locations promoting their reproductive control, as in fossas (*Cytoprocta ferox*), a
202 non-arboreal carnivore, where females mate in treetops to prevent unwanted mates to
203 climb [51]. To further resist unwanted mating attempts, females may hide their genitals or
204 escape males [9,52], or associate with male allies for protection [53]. In some species, as in
205 many ungulates and bottlenose dolphins, extreme female avoidance of male coercion leads
206 to sexual segregation whereby members of each sex live in distinct (sub)groups for most of
207 the year [54]. Anatomical alteration of the female reproductive tracts may further allow
208 females to gain pre- or post-copulatory reproductive control by either requiring their
209 cooperation for a mating to occur, as in the spotted hyena (Box 1), or by storing sperm from

210 multiple mates and expressing post-copulatory 'cryptic' mate choice, as in many bat species
211 [55].

212

213 **5. How reproductive control promotes social control**

214 Here we propose that the degree of male and female reproductive control determines
215 whether and how members of each sex can empower themselves socially, with respect to
216 access to non-reproductive resources. We further illustrate how the mechanism by which
217 power emerges may influence its durability.

218 *5.1. Coercion: an evolutionary highway to male power*

219 Male coercive reproductive control is facilitated by large male-biased sexual dimorphism in
220 size and weaponry, which is typical of **contest-based** mating systems, and includes all
221 **polygynous** and some **polygynandrous** societies [36,43,56] (Figure 1). In these systems,
222 males often extend their use of coercion to dominate females when competing over non-
223 reproductive resources. Large males may further reinforce intersexual asymmetries in
224 coercive potential and limit female empowerment by controlling their social environment
225 and preventing them from recruiting social allies (Box 2). The tight association between the
226 pervasive use of coercion by males and male-biased sexual dimorphism likely emerges from
227 a co-evolutionary feedback with the mating system (Figure 2). Whenever males gain
228 reproductive payoffs from aggressively monopolising females against competitors, this will
229 (i) promote contest-based competition between males, (ii) subsequently drive the evolution
230 of male-biased sexual dimorphism [36,57], which will (iii) reinforce male coercive potential
231 [35,43]. This will in turn (iv) allow males to gain higher social control and dominance [22,35]
232 and (v) further reinforce their reproductive control over females *via* sexual coercion
233 [35,37,38,43]. Such a potent self-reinforcing pathway may catalyse the emergence and

234 maintenance of male-biased power over evolutionary times, and likely explains why males
235 exert both high reproductive and social control over females in contest-based mating
236 systems (Figure 1), as well as why contest-based systems are widespread among mammals.

237 A similar coercive co-evolutionary pathway is unlikely to drive female social
238 empowerment because mammalian species in which females concurrently exhibit contest-
239 based intrasexual competition to monopolize access to multiple males and larger body sizes
240 are currently unreported [58,59]. In some species, reproductive competition may be most
241 intense among females; yet, contrary to what would be expected for this co-evolutionary
242 pathway, these species either exhibit sexual monomorphism, as in the polyandrous
243 moustached tamarins (*Saguinus mystax*) [56] and cooperatively-breeding meerkats [30]
244 (Figure 1A), or male-biased size dimorphism as in Damaraland mole-rats (*Fukomis*
245 *damarensis*) [59]. This apparent paradox probably reflects inherent differences in the life-
246 history and modality of intrasexual competition in females and males [59,60]. Female
247 mammals usually are philopatric and thus predominantly compete with close female kin;
248 they may favour non-coercive forms of competition over direct physical contests with their
249 kin, which fails to select for increased body size and weaponry [59]. This insight emphasises
250 key differences in the pathways to female and male power (Figure 2), in particular that a
251 large body size and overt coercion are not pre-requisites for female empowerment.

252 5.2. Female social empowerment from leverage based on sex

253 When females retain some reproductive control, usually in species with moderate sexual
254 size dimorphism as in **monogamous, polyandrous** and **scramble-based polygynandrous**
255 species (Figure 1), they can trade copulations for resources or services that males can
256 provide, such as protection for themselves or their offspring against conspecifics or
257 predators. Yet, such leverage is usually restricted to periods of female sexual receptivity and

258 thereby only confer short-term social empowerment to females – as in some mouse lemurs
259 (*Microcebus spp.*) where female social control over males is more pronounced during the
260 breeding season [61,62]. Leverage-based power may therefore explain female social
261 empowerment over males in species where males are non-permanent residents and join
262 groups only during the mating season, as in rock hyraxes [20]. In species living in permanent
263 groups where males and females maintain long-term, differentiated social relationships,
264 females can extend leverage beyond receptivity periods, if they have enough reproductive
265 control. This strategy may durably promote cooperative behaviour or inhibit aggression from
266 males through mating markets, as in long-tailed macaques (*Macaca fascicularis*) [63] and
267 Guinea baboons (*Papio papio*) [64]. Leverage can then represent a potent source of social
268 control that may, despite male-biased dimorphism, allow females to manipulate the social
269 rank of subordinate males, as in vervet monkeys [65], or to influence male social and
270 competitive relationships, as in bonobos (Box 3). Similar to males, but through a different
271 mechanism, increased social control by females may subsequently reinforce female
272 reproductive control by facilitating their resistance to unwanted solicitations in a positive
273 feedback loop (Figure 2).

274 5.3. Female social empowerment from mate choice

275 When female reproductive control enables them to exercise pre-copulatory mate choice,
276 they may select male traits – e.g., social deference, cooperative personalities or a smaller
277 body size – that may, over evolutionary time, increase female social control in a process
278 described by the ‘docile male’ hypothesis [34]. In bonobos, the related ‘self-domestication
279 hypothesis’ posits that selection for non-aggressive males, which may partly result from
280 female choice, has contributed to the contrasts in morphology, physiology, behaviour and
281 psychology between male bonobos and chimpanzees (*Pan troglodytes*) [26]. Empirical

282 evidence of female mate choice for such male traits is largely absent in mammals, however
283 [15]. Female preferences for males with whom they are socially-bonded have been reported
284 [66,67], but may reflect leverage rather than choice for male traits that are relevant to
285 intersexual power. Alternatively, female mate choice can promote intersexual power
286 asymmetries indirectly. For example, in spotted hyenas, female reproductive control and
287 mate preferences drive male dispersal [68], which decreases the number of social allies that
288 males can recruit and thus reduces male social control [14].

289

290 **6. Ecological and evolutionary dynamics in intersexual power**

291 Power relationships between the sexes are closely intertwined with the social organisation
292 and mating system of a species. Positive feedback loops between reproductive and social
293 control suggest that dynamic changes in reproductive control and in the relative payoffs of
294 male and female reproductive strategies are particularly likely to trigger shifts in intersexual
295 power, across both ecological and evolutionary contexts.

296 *6.1 Socio-ecological fluctuations in intersexual power*

297 Wherever power asymmetries between the sexes are moderate, fluctuations in the
298 ecological or social environment – e.g., population density, food abundance, habitat
299 structure, adult sex ratio or kin composition – may cause a change in the social and mating
300 systems, which in turn may affect power relationships between males and females. For
301 example, red foxes (*Vulpes vulpes*) changed their mating system from the typical contest-
302 based polygyny to monogamy [69] following an abrupt decrease in the abundance and
303 quality of prey species caused by an El Niño event, illustrating a shift from male-biased
304 power to a more egalitarian system (Figure 1B). Ecological changes may also alter the
305 relative payoffs of intersexual contests over non-reproductive resources, such as the relative

306 value of one monopolisable food item for male and female reproductive success, therefore
307 affecting the motivation of opponents and the likely outcome of their contest [24].
308 Fluctuations in the local mating market, for instance due to variation in the adult or
309 operational sex ratio, may affect the extent of leverage possessed by females; e.g., the fewer
310 females are available to mate, the more leverage they have over males [10,70]. This may
311 explain why female power increases with the number of males in the groups of several
312 primate species [12,31]. Conversely, where females have little reproductive control and low
313 leverage as in chimpanzees, sexual coercion by males may instead increase with the number
314 of males in the community, as these dynamics reflect greater male-male competition, and
315 associated male incentive to use coercive strategies [71,72].

316 *6.2 Evolutionary shifts in intersexual power*

317 Male-biased or female-biased power may be evolutionarily stable when reinforced by the
318 positive feedback between reproductive control and social control (Figure 2). This
319 framework predicts a relatively low stability, and thus the relative scarcity, of egalitarian
320 societies where reproductive and/or social control is equally distributed between the sexes.
321 It also predicts the potential for rapid directional evolution towards one or the other end of
322 the intersexual power spectrum, following subtle changes in one keystone component of the
323 system [73,74], which will affect the self-reinforcing evolutionary loop. Factors that reduce
324 the extent of male reproductive control – and reciprocally increase that of females – may
325 thus generate evolutionary shifts in intersexual power within or across species. For example,
326 in the common brushtail possum (*Trichosurus vulpecula*), male sexual dimorphism and
327 degree of polygyny vary in response to different degrees of breeding synchrony in females
328 (influenced by food distribution and seasonality) [75]. Similarly, the emergence of
329 reproductive synchrony in female Kinda baboons (*Papio kindae*) (Box 2) and of deceptive

330 genital swellings in female bonobos (Box 3) have likely contributed to the abrupt shift from
331 male-biased to female-biased power observed in the genera *Papio* and *Pan*, alongside a shift
332 from contest-based to more scramble-based mating systems (Figure 1). Importantly, shifts in
333 intersexual power will probably not occur in isolation but rather follow major transitions in
334 the social organisation and mating system. While sex biases in reproductive control and
335 intersexual power can fluctuate across ecological contexts, broader and more impactful
336 shifts may be expected at an evolutionary scale.

337

338 **7. Concluding remarks**

339 We break here with the traditional, dichotomist and static view of intersexual power and
340 offer a broader unifying framework that holds a central role for intersexual conflicts over
341 reproductive control. By integrating key concepts of theories of sexual conflict, sexual
342 selection and social evolution, this new framework generates testable predictions regarding
343 the ecological and evolutionary landscape of intersexual power within and across
344 mammalian societies. The scientific investigation of intersexual power is a burgeoning and
345 interdisciplinary research topic where much conceptual and empirical work remains to be
346 done. We hope that this framework will be expanded and stimulate further studies (see
347 Outstanding Questions), notably to develop standardised and widely applicable methods
348 and transdisciplinary tools to quantify intersexual power in reproductive and social contexts
349 and to facilitate the study and comparison of intersexual power relationships across
350 mammalian societies, including humans.

Glossary

Attribute: a trait possessed by an individual at a given time. Intrinsic attributes arise from an individual's physical, physiological or cognitive characteristics; social attributes arise from a relationship to other individuals (e.g., social rank, kinship, number of allies).

Coercion: a strategy to influence the behaviour of others using some form of physical or psychological pressure, which often involves (the threat of) violence and may incur immediate, direct costs or delayed, indirect costs to the target.

Contest-based: a mating system where males aggressively defend reproductive access to multiple females.

Deception: a strategy to influence the behaviour of others that consists of withholding information or sharing inaccurate information to increase uncertainty and promote desired behaviour in other individuals.

Intersexual power: the degree of control over resources and reproduction that members of one sex exert over members of the other sex.

Leverage: a bargaining asymmetry in the control over the modality of an exchange that arises between trading individuals when one possesses a desirable commodity that cannot be taken by force by others (e.g., skills, information, and under certain conditions, fertilisable eggs).

Mating system: the component of a social system that defines the modality of reproduction within a social unit; e.g., the average number of mates of males and females, the strategies applied to access mates, the timing and frequency of matings.

Monogamy: a mating system where a single adult female and a single adult male mate mostly with each other during one or several mating season(s).

374 **Motivation:** an incentive to engage in potentially costly behaviours or suboptimal trade to
375 gain or retain access to a resource that is shaped by the (relative) value attributed to the
376 resource and its potential fitness payoff, as determined by the state or life history of the
377 individual.

378 **Polyandry:** a mating system where individual females commonly mate with multiple males
379 during a single mating season, whereas males do not mate with more than one female.

380 **Polygynandry:** a mating system where males and females both are promiscuous and mate
381 with multiple partners during a mating season.

382 **Polygyny:** a mating system where a male can mate with multiple females but each female
383 usually only mates with one male.

384 **Reproductive control:** the extent to which an individual can influence the modality of its
385 own reproduction and/or that of others (competitors and potential mates) in terms of the
386 occurrence, timing and frequency of matings and the number and identity of mates.

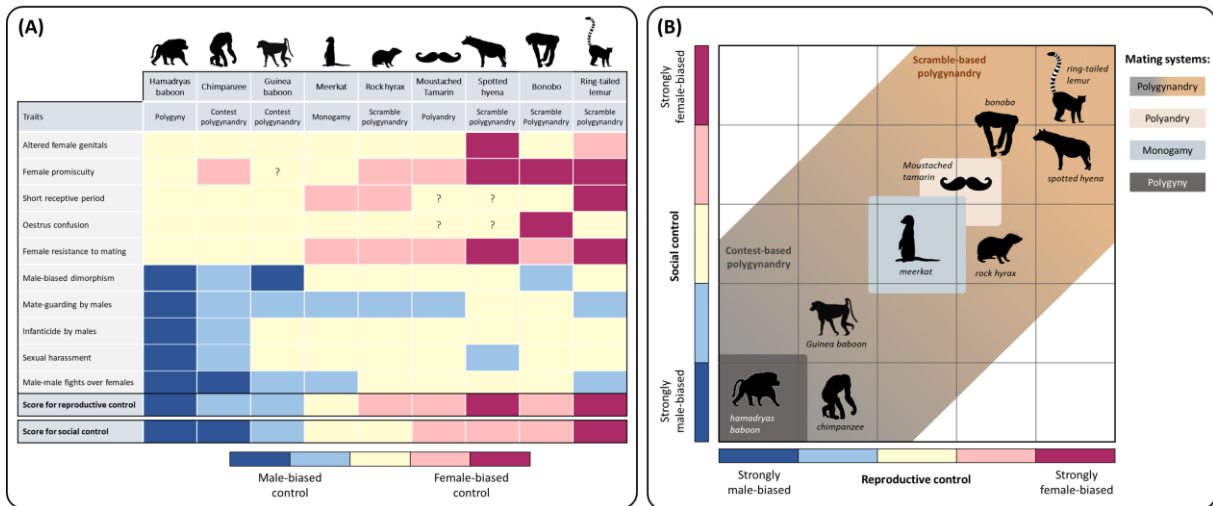
387 **Scramble-based:** a mating system where females cannot be monopolised by males and
388 male-male competition is mostly non-coercive and post-copulatory.

389 **Social hierarchy:** the ordinal ranking of individuals belonging to the same social group
390 according to their relative power, typically resource-holding power as derived from the
391 outcome of coercive interactions between pairs of individuals.

392 **Social organisation:** a component of a species social system relating to the demographic
393 composition of a social unit.

394 **Trade:** an exchange of commodities between individuals. The modality and expected fitness
395 payoff of the exchange are shaped by the local socio-ecological environment.

396



397

398 **Figure 1. Relationship between mating system, reproductive control and intersexual**

399 **power. (A)** A selection of male and female traits proposed as criteria to quantify male-

400 female biases in reproductive and social control in social mammals as illustrated by nine

401 exemplary species. Colour tones indicate whether the trait promotes or reflects male control

402 (blue), female control (red) or neither (yellow); “?” indicates either missing or non-

403 consensual data in the current literature. Colour darkness reflects the strength of trait

404 expression and, for overall scores of reproductive control and social control, the

405 corresponding degree of intersexual bias. Scores of social control were derived from

406 published indices of social dominance as quantified by the proportions of dyadic agonistic

407 interactions won by males vs. females. **(B)** Putative position of the nine exemplary species

408 (black icons) and their mating systems in relation to intersexual power measured along two

409 axes – reproductive control and social control – as assessed by overall scores in panel A.

410 Coloured areas delineate the proposed range of association between reproductive and social

411 control for four mating systems; polygyny is represented with a colour gradient to

412 reflect its heterogeneous nature, encompassing species with variable degree of contest-

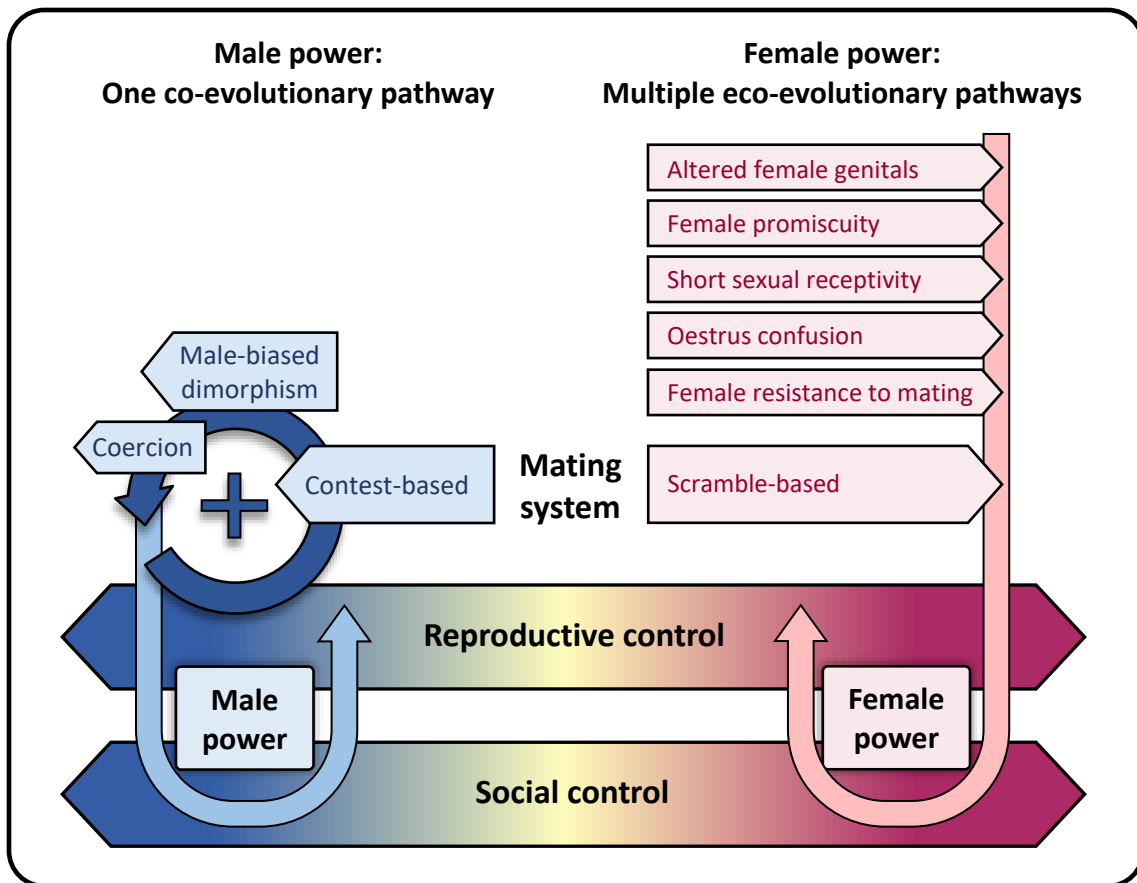
413 based and scramble-based competition. Intersexual power follows a diagonal from species

414 where power is strongly male-biased in both contexts (see Hamadryas baboons) to strongly

415 female-biased in both contexts (see ring-tailed lemurs); mammalian societies where
416 reproductive control is strongly female-biased and social control is strongly male-biased, or
417 *vice versa*, are unlikely to emerge. Reference list: Hamadryas baboon [29,45]; chimpanzee
418 and bonobo (see Box 3); Guinea baboon [76] ; meerkat [30,77], moustached tamarin [78–
419 82]; rock hyrax [20,83]; spotted hyena [14,19,84]; ring-tailed lemur [18,48]; cross-specific
420 data [12,35,85]. Credit animal icons: phylopic.org and E. Davidian.

421

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423

424

Figure 2. Eco-evolutionary pathways to male and female empowerment in social

425

mammals. This figure summarises the proposed framework to predict intersexual power

426

asymmetries across mammalian societies. It illustrates the interplay and feedback between

427

the mating system and asymmetries in reproductive and social control, and outlines the

428

distinct pathways to male- and female-biased power. Coercion and male-biased dimorphism

429

constitute a co-evolutionary highway to male power in species with contest-based polygyny

430

and polygynandry (left side); Female empowerment emerges through diverse physiological,

431

morphological, behavioural, and socio-ecological pathways (right side) in species with

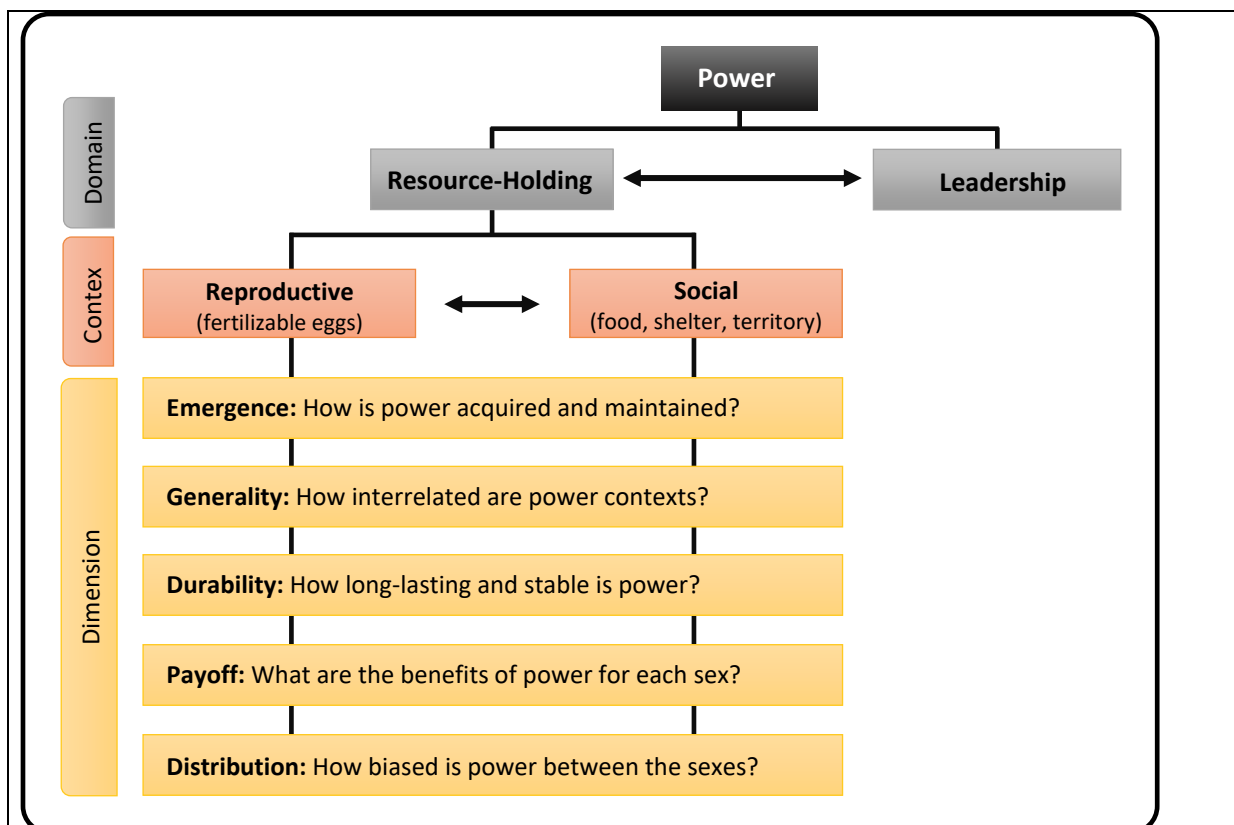
432

scramble-based polygynandrous, monogamous or polyandrous mating systems.

433 **Box 1. A unified framework for studying intersexual power.**

434 Power can be divided into two non-independent domains, namely resource-holding power
435 and decisional power (or 'leadership') [6,7]. We here argue that resource-holding power
436 arises in two main contexts – namely, reproductive and social contexts – defined according
437 to the nature of the resource the two sexes compete over [8] (Figure I). Spotted hyenas
438 nicely illustrate the duality and context-dependence of intersexual power. In this species,
439 females have complete reproductive control owing to the peculiar anatomy of their external
440 genitalia; females lack a vaginal opening (because their labia are fused) and instead possess
441 an elongated and erectile clitoris through which they copulate, urinate and give birth [19]. A
442 direct consequence is that copulation requires the full cooperation of the female and that
443 females can actively choose when and with whom they mate [84]. In contrast, social control
444 in spotted hyenas emerges from asymmetries in the number of recruitable social allies; the
445 extent of intersexual biases in social control may fluctuate between strictly female-biased
446 power structure and balanced social power between males and females, depending on the
447 kin and demographic structure of the group [14]. Building on previous conceptual
448 categorisation of dominance [8], power [86] and leadership [11], we propose that resource-
449 holding power can be described following five dimensions: distribution (extent of
450 asymmetries between the sexes), emergence (whether acquired *via* coercion, deception or
451 trade), durability (stability versus lability), payoffs (sex differences in the fitness benefits to
452 win intersexual contests) and generality (context-dependent or consistency across contexts)
453 (Figure I).

454
455



456

457 **Figure 1. Domains, contexts and dimensions of intersexual power.** This diagram illustrates

458 the proposed framework to capture the multifaceted nature and the variability of

459 intersexual power in animal societies. Bi-directional arrows indicate the inter-dependence

460 and potential feedback among domains and contexts of power. We here focus on the

461 categorisation of power that emerges from the resource-holding domain.

462

463 **Box 2. Covariation between male-female asymmetries in reproductive control and mating**
 464 **systems.**

465 Asymmetries in reproductive control between males and females may vary in predictable

466 ways across mating systems. We illustrate such covariation along a gradient across the six

467 baboon species, before generalising (Figure 1). At one end, Hamadryas baboons (*Papio*

468 *hamadryas*) exhibit contest-based **polygyny** with full male reproductive control; males are

469 much larger than females and maintain harems by forcibly herding females away from their

470 natal group, thereby breaking-up their social ties and support. Harem leaders use various
471 coercive strategies including infanticide after take-overs, and neck-biting when females leave
472 their vicinity [29]. Next, chacma baboons (*P. ursinus*) exhibit predominantly **contest-based**
473 **polygynandry**. They live in large multimale-multifemale groups with high male reproductive
474 skew – i.e., where access to mates is monopolized by a few males – and intense sexual
475 coercion, including mate-guarding, intimidation and infanticide [87]. Unlike Hamadryas
476 females, chacma females mate promiscuously before ovulation and remain in their natal
477 group; they can form alliances with kin and adult males to seek protection against other
478 coercive males [53]. Next are yellow (*P. cynocephalus*), olive (*P. anubis*) and Guinea baboons
479 (*P. papio*), with a progressive decline in male reproductive skew, sexual dimorphism and
480 coercion, illustrating a decline in the degree of male-biased reproductive control. Guinea
481 males maintain long-term social and sexual bonds with one to two females, females can
482 disperse to other social units and infanticide is unreported [76]. Finally, in Kinda baboons (*P.*
483 *kindae*), males and females mate promiscuously, male reproductive skew is low and there is
484 no evidence of infanticide [88]. Unlike other species, Kinda baboons breed seasonally and live
485 in very large groups (>200 individuals). These features likely restrict male reproductive control
486 and have likely triggered an evolutionary shift from contest-based to **scramble-based**
487 polygynandry – where male-male competition primarily occurs *via* sperm competition – as
488 suggested by their low sexual dimorphism, relatively large testes and the fact that males
489 queue rather than fight over rank [88]. This gradient illustrates general links between mating
490 system, reproductive control and intersexual power (Figure 1): as male reproductive control
491 weakens, contest-based mating systems are progressively replaced by scramble-based ones,
492 associated with more balanced intersexual power. Where males retain partial reproductive
493 control, but where reproductive competition between females is too high to allow group-

494 living, **monogamy** may initially evolve as a form of permanent mate-guarding [89], decreasing
495 subsequent sexual conflict and paving the way to more equal reproductive control between
496 the sexes and less-coercive mechanisms of intersexual power.

497

498

499 **Box 3. Contrasts in female reproductive control and power in our closest living relatives.**

500 Chimpanzees (*Pan troglodytes*) and bonobos (*Pan paniscus*) live in multimale-multifemale
501 groups in equatorial Africa. In both species, males typically remain in their natal group and
502 females disperse [90]. Their common ancestor likely exhibited male-biased power, as all Great
503 Apes except bonobos [90].

504 In chimpanzees, adult males dominate adult females and have priority over access to high-
505 value resources like meat [90]. In bonobos, females win most dyadic conflicts against males
506 and enjoy privileged access to meat [13,90,91]. Females in both species exhibit genital
507 swellings when sexually receptive, but bonobo females exhibit longer swollen periods during
508 an interbirth interval [44], despite variation within and between chimpanzee populations in
509 these traits. Consequently, the swellings of bonobo females advertise fertility less reliably than
510 those of female chimpanzees [44,92]. Chimpanzee males can kill infants, are frequently
511 coercive towards receptive females [93], and alpha males have the highest reproductive
512 success, because they can effectively mate-guard females throughout their ovulatory period
513 [94,95]. In contrast, bonobo males do not kill infants, are not sexually coercive and fight less
514 over females, and the high male reproductive skew likely reflects differences in maternal
515 support [96,97].

516 Following our framework, the initial step towards loss of male-biased power may be the
517 confusion of ovulation, preventing male bonobos from monopolising receptive females and

518 concurrently increasing female reproductive control. This probably reduced the payoff and
519 incentive of males to fight over females, leading to a shift towards scramble-based
520 polygynandry (Figure 1) – as suggested by the relatively larger testes and decreased sexual
521 dimorphism in bonobos compared to chimpanzees [90]. Increased female promiscuity likely
522 further led to the disappearance of male infanticide and sexual coercion. In line with this, male
523 chimpanzees seem more coercive in populations where female fertility signals are shortest (so
524 presumably most reliable) [98]. Female-biased control over resources probably evolved
525 secondarily in relation to their ability to use leverage and exercise mate choice [13,26]. In
526 contrast to males, female bonobos maintain strong bonds, which may be favoured by
527 prolonged sexual receptivity [99,100]; they can form coalitions against males and interfere in
528 male-male competition [90,91,96]. Intersexual differences in female sociality likely reinforced
529 female control over reproduction and resources though whether these are a cause or a
530 consequence of female empowerment remains unclear [90,91,99]. Overall, current evidence
531 is compatible with the scenario that strong contrasts in mating system, intersexual power and
532 social behaviour in chimpanzees and bonobos emerged from subtle changes in female
533 reproductive control.

534

535 **Outstanding Questions.**

536 Future studies of intersexual power will require the development and standardisation of
537 methods and tools to describe and quantify reproductive and social control (e.g., such as
538 metrics derived from intersexual dominance matrices) across species, mating systems, and
539 ideally also across disciplines, including behavioural ecology, evolutionary biology,
540 economics, sociology, psychology and anthropology. In behavioural ecology, increased effort
541 should be invested in describing under-represented taxa and social systems which have not

542 appeared prominently in the intersexual power literature. As empirical data accumulate,
543 comparative and modelling studies will become central to understand the evolutionary
544 dynamics of intersexual power. We outline key questions that may usefully structure this
545 emerging field.

546 How should we quantify biases in social control between the sexes? E.g., by the opportunity
547 of each sex to occupy the highest rank(s) in the social hierarchy, by the distribution of sexes
548 across all ranks, or yet using other metrics?

549 How does intersexual power manifest in species that do not live in permanent mixed-sex
550 groups, such as pair-living, solitary and sexually-segregated species?

551 How flexible and dynamic are intersexual power relationships across dyads, groups,
552 populations, and species?

553 How do social organisation and structure interact with the mating system to modulate
554 patterns of intersexual power?

555 What are the fitness consequences of intersexual power asymmetries and what
556 consequences do they have for group-level traits and demographic processes?

557 What factors promote ecological and evolutionary shifts in power?

558 How does the diversity of human societies fit in the spectrum of other mammalian societies
559 and can anthropological and ecological perspectives be integrated?

560

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